



Western NSW
Local Health District

Dementia Awareness & Support Team,
Western NSW Local Health District,

COWRA FAMILY CARERS GROUP

Dementia Support for Carers

When: 3rd Wednesdays monthly (Feb-Nov)

Time: 10:30am - 12:00pm

Venue: Cowra Bowling Club, 22/16 Brougham St, Cowra

2026 DATES

- 18th February
- 18th March
- 15th April
- 20th May
- 17th June
- 15th July
- 19th August
- 16th September
- 21st October
- 18th November